



Anti-Bullying Policy



WHAT IS BULLYING?

There is no legal definition of bullying. But it is usually defined as repeated behaviour which is intended to hurt someone either emotionally or physically, and is often aimed at certain people because of their race, religion, gender or sexual orientation or any other aspect such as appearance or disability.

Bullying can take many forms including:

- physical assault
- social bullying
- threatening behaviour
- name calling
- cyberbullying
- sexualised bullying



What to do if you suspect bullying

Tell someone you trust

Write your concerns down and post in your class worry box

Call Child line 0800 11 11

WHERE CAN BULLYING TAKE PLACE?

Bullying can happen anywhere - at school, on the way to and from school and in your local community.

It is NEVER acceptable!

BULLYING BEHAVIOUR

Baiting - can be on or offline. It is used to get 'a rise' out of someone (make them react in a negative or loud way in order to get the person in trouble).

Banter - 'the playful and friendly exchange of teasing remarks'. Repeated and unwanted types of banter are bullying.

Peer on Peer abuse - this is bullying which is done by someone the same age or friendship circle as you and includes: cyberbullying; sexual violence and sexual harrasment, secting; initiation/hazing; violence and rituals.

Cyberbullying - online bullying in school or outside of school. It can include: hacking into someone's account; posting prejudice or hate messages; impersonating someone online; public posting of images; threats and manipulations; stalking.

WHAT CAN BULLYING LOOK LIKE?

Physical - pushing, poking, kicking, hitting, biting, pinching etc.

Verbal - name calling, sarcasm, spreading rumours, teasing, belittling

Emotional - isolating others, tormenting, hiding books and belongings, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion

Sexual - unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse

Online/cyber - posting on social media, sharing photos, sending nasty text messages, social exclusion



SEE IT - SAY IT - STOP IT

