



ENRICHMENT BROCHURE

St Mary Magdalene C of E Primary School

Broadening horizons through love, laughter and learning.

Autumn Term 2020/21

ENRICHMENT SESSIONS



AUTUMN TERM 2020/21

Over the course of the Autumn Term we will be offering a range of after school clubs available for each year group. These will centre on wellbeing. These clubs will be run by Teachers and Teaching Assistants and the clubs will remain within the year group bubble that your child is already involved in.

The clubs will run from the week commencing 14th September up until the week ending 11th December.

A sign up sheet will be handed to each child in school where they can select their preferred clubs and number them in order of preference. There will be 30 children per group, unless it is Dance where this will be 10 per group.

For club's where a payment is required will need paying for in full through Squid before the start of the sessions.

Please see Mrs Watson or the club leader for more information.

- ▶ Come and join our experienced dance teacher for an evening of dance. Develop a talent for cheerleading through choreographed routines and skills based sessions. These session will work towards a dance competition in February.
- ▶ This will take place in the hall. PE kit is essential.

CHEER, DANCE AND TUMBLE

WEDNESDAY 3:00 – 4:00

30 PLACES

YEAR 2

COST £12



- ▶ We are offering a healthy minds and healthy bodies club. We will be exploring ways to keep healthy both physically and mentally through a range of yoga, mindfulness activities and games. Most importantly we want to have fun.
- ▶ **Mrs Owens and Mrs Foster**

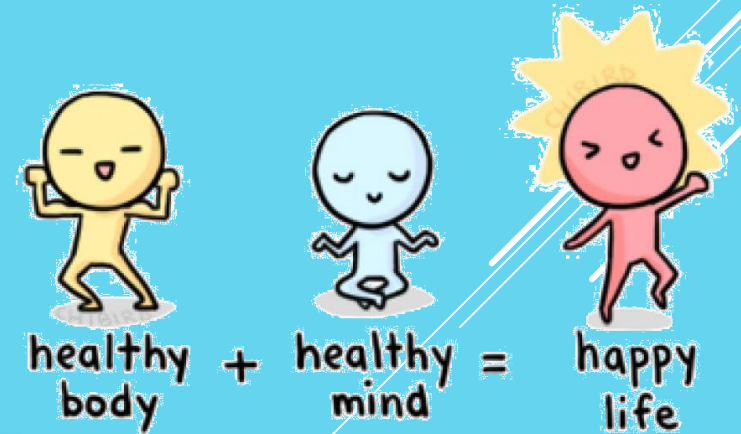
HEALTHY MINDS & HEALTHY BODIES

TUESDAY 3:30 – 4:30

YEAR 1

30 PLACES

COST: £0



- ▶ Philosophy is a way to better understand ourselves, the world and our place in it. During philosophy club we will look at different stories, short films and images. These will lead to discussions and conclude in a completed piece of art work inspired by the stimulus.
- ▶ **Mrs Pearson and Miss Maxwell**

PHILOSOPHY CLUB

MONDAY 3:00 – 4:00

YEAR 2

30 PLACES

COST: £0



- ▶ During the art therapy sessions, we explore how different groups of artists use particular techniques to illustrate their emotions. This helps us to explore our own emotions and gives us strategies to enable us to express them in a safe way.
- ▶ **Mrs Turvey and Mrs Hovell**

ART THERAPY

THURSDAY 3:15 – 4:15

YEAR 3

30 PLACES

COST: £0



- ▶ There are so many physical, social and emotional benefits for a child to practice yoga. During this magical hour long session, yoga will help children to focus and concentrate, improve flexibility, coordination and balance, calm and relax their minds and above all help children to stay happy and healthy. Most importantly - Yoga is fun!
- ▶ **Miss Jenkins and Miss Kirkpatrick**

YOGA

THURSDAY 3:45 – 4:45

YEAR 4

30 PLACES

COST: £0



- ▶ The Y5 Enrichment Club will be based on around mindfulness, crafts and P4C. The children will engage in craft activities linked to the four concepts set out in the curriculum addendum. They will then engage seasonal crafts based around Autumn, Bonfire Night and Christmas. The children will also think about ways we can promote our wellbeing with thoughtful discussions about big ideas.

- ▶ **Miss Cave and Mrs Newton**

CRAFT CLUB

TUESDAY 3:30 – 4:30

30 PLACES

YEAR 5

COST: £0



- ▶ What is mindfulness? Mindfulness is a technique you can learn which involves making a special effort to notice what's happening in the present moment (in your mind, body and surroundings) – without judging anything. It allows us to some quiet time and space in our busy lives, and can help you to feel more relaxed and less anxious. Start your week with some fun mindfulness activities: relaxing games, music, guided meditations and mindfulness colouring.

- ▶ **Mrs Turner and Mrs Scarsbrook**

MINDFULNESS COLOURING

MONDAY 3:00 – 4:00

YEAR 6

30 PLACES

COST: £0



- ▶ We will be developing a variety of football skills and tactics during training sessions.
- ▶ Training session attire: sports playing shirt/top, sports shorts/trousers, football socks, shin pads and football boots. (training will be held on the field)
- ▶ **Next Level Coaches**

FOOTBALL

FRIDAY 3:00 – 4:00

30 PLACES

YEAR 6

COST £0

