

All families argue...

but is this affecting your child?

Do you want to make sure that grown up arguments and worries don't affect your whole family?



Reducing Parental Conflict
East Midlands

Being sad or worried can affect a child's learning

Your children learn about relationships from you

They need to learn how to resolve arguments



Your child needs to be protected from adult arguments

Worrying about things can affect your child's sleep

Children worry about you when they hear arguments

For more information or support on how you could better manage arguments, speak to a worker or send an email to ReduceParentalConflict@nottscg.gov.uk
For further information scan the QR code or visit:
www.nottshelpyourself.org.uk/relationshipsmatter

